

## **OUTSIDE FOR 5 WEEK**

State of Wyoming By the Governor

WHEREAS, supporting students' mental health and well-being has a positive impact on their success in school; and

**WHEREAS,** spending even short amounts of time in nature can reduce stress and improve mental health; and

WHEREAS, learning outside can improve academic performance and help refuel students for learning in the classroom; and

**WHEREAS**, student learning that takes place in outdoor settings fosters systems thinking, encourages students to engage in their communities, and promotes healthy choices.

**NOW, THEREFORE, I, MARK GORDON,** Governor of the State of Wyoming, do hereby proclaim April 17-23, 2023, as

## **Outside for 5 Week**

in Wyoming. I encourage all teachers and administrators to get students outside for at least five minutes each day, this week, and every week.

**IN WITNESS WHEREOF,** I have hereunto set my hand and caused the Executive Seal of the Governor of Wyoming to be affixed this 28<sup>th</sup> day of March, 2023.



The Honorable Mark Gordon

33rd Governor of the Great State of Wyoming